

Report No 4 of project activity

Project: **“BOCCIA - Enhancing the quality of life of people with disabilities and their environment through Paralympic sport” co-funded by Erasmus + Programme of the European Union**

Task: **The workshop**

Location: Georgia, Tbilisi

Date: 3rd – 10th of May 2016 - 7 days

Participants: 2 countries, 4 people from Poland and 1 from Bulgaria, 5 from Georgia, 12 volunteers from Georgia

- Hosting organization CIL - Coalition for Independent Living, Tbilisi, Georgia- was responsible for the organization of the workshop (local transportation, accommodation, programme etc.
- Leader of the project - SSR START - was responsible for all payments (incl. accommodation), flight tickets reservation, covering the costs of transport and other regarding to the project budget. Leader also paid subsistence allowances for catering to each participant during the workshop in Greece.
Accommodation: Hotel Golden Palace, Tbilisi
- All costs were covered within the scope of project budget

Team participants subjects of workshop:

A. General subjects:

1. Instructor of sport for people with disabilities – his role and responsibilities in the sports training system.
2. The organizational basics of sport for the disabled.
3. Physiological problems in the physical activity of people with disabilities.
4. Medical supplies and sports equipment.
5. First Aid.
6. Ethics and doping in the sport
7. Fundamentals of law in sport (safety).
8. Nutrition and Dietetics, etc.
9. The role and scope of medical examinations in sport, prevention.
10. Competition as a factor of progress in the development of sport.
11. The role and scope of control in the process of sports training.
12. Principles of sport group organization.
13. The use of audio-visual aids in the process of sports training.
14. The rules of the game:
(the aim and spirit of the game; definitions; equipment and devices; court – structure; the way of setting the lines; classification of players; coach, role; types of competitions; scoring; tie break; penalties; time; call room; gestures).
15. Didactical basis:
 - a. Methods of assisting people with disabilities:
 - independence in basic life activities,
 - assisting, lifting and caring a wheelchair user,
 - assisting a wheelchair user,
 - assisting a blind person,
 - what to do when the attack of epilepsy occurs.
 - b. Organizing and leading sports and recreational activities:
 - budgeting,
 - organization of work,
 - staff training,
 - recruitment of participants,



- training methods,
 - means of training,
 - documents.
- c. Sports competition,
- refereeing,
 - organisation,
 - practise as a: player, referee, coach.

Volunteers subjects of workshop:

1. Definition of disability, standards, including people with disabilities in the European Union:
 - disability pension,
 - providing with rehabilitation equipment,
 - the Right to Sport,
 - the Right to Learn,
 - the Right to Work,
 - income tax – exemptions and allowances,
 - important resolutions.
2. Physical activity of people with disabilities.
3. Sport of people with disabilities in Poland and Europe: the mission; the tradition; the contemporaneity.
4. Cooperation with public institutions – governmental and local governments.
5. Create and conduct of non-governmental organisations in sports of people with disabilities, acquisition of financial resources, promotion, sponsorship, players, training staff, and insurance.
6. Specific organizational forms: workouts, games, sports camps, rehabilitation and sports camps, festivals, rallies, integration events.
7. Benchmarking of solutions in sports of disabled and able bodied.
8. Volunteering:
 - the Act on voluntary service,
 - who is a volunteer,
 - the objectives of the voluntary service,
 - benefits and responsibilities,
 - motivation,
 - fundraising.
9. Methods of assisting people with disabilities:
 - independence in basic life activities,
 - assisting, lifting and caring a wheelchair user,
 - assisting a blind person,
 - assisting an epileptic,
 - contact/ communication with a deaf person.
10. Organising and leading sports and recreational activities:
 - organisation of work,
 - recruitment of participants,
 - methods of work using different tools e.g. sports activities,
 - documents.
11. Organising and conducting Boccia activities on basic level:
 - rules, tactics, techniques,
 - basis of refereeing,

Detailed description of project execution:

03.05.2016:

- Arrival of Key Staff to Tbilisi. Transfer to the hotel, reception at the hotel.
- First meeting of the Key Staff and Georgia coordinator: discussions on the training schedule etc.
- Visit to sports venue "Parasport Development Center of Tbilisi" (meeting with Georgian participants).

04.05.2016:

Workshop for instructors and volunteers - Animators of life activity in people with disabilities:

- Welcome Boccia game - to introduce each other.
- Information about Erasmus + sport program.
- Presentation of Boccia Project: goals, objectives, activities etc. (PowerPoint, Boccia A-Z Videos).
- What Boccia is? Aim and spirit of the game, history, rules - theoretical part.
- Boccia - rules of the game: definitions, equipment and devices, court structure, the way of setting the lines - practical part in the sport venue.

05.05.2016:

Workshop for instructors:

- "Dealing with disability" care and hygienic methods for wheelchair users;
- physical and social activation of the disabled people.
- Recreation & sport activities for Disabled.

Workshop for instructors and volunteers - Animators of life activity in people with disabilities:

- "Dealing with disability"- continued - overcoming barriers and limits in life of people with disabilities; promotion of independent life. Boccia rules interpretation - theoretical part.
- Boccia- rules interpretation - continued. theoretical part.
- Practical part - game, scoring, penalties,

Visit of Georgian TV – interviews with Georgian and Poles project leaders

06.05.2016:

Workshop for instructors:

- Boccia sport for people with disabilities, Paralympic sport - Definition, Paralympic idea in World and Poland, organizational structures - theoretical part.
- All about ability' - How the Paralympic Movement is maintained –video
- Workshops: technique of transferring disabled person from/to wheelchair, crossing the obstacles etc.
- How to choose a proper wheelchair- video.

Workshops for volunteers - Animators of life activity in people with disabilities

- Boccia - rules interpretation -continued - theoretical part.
- Practical part -continued - game, scoring, penalties, assisting, etc. - continued - in the sport venue.

07.05.2016:

Workshop for instructors

- Competition as a factor of progress in the development of sport.
- Systems of sport games in Boccia,
- Boccia - how referee works - feel like referee.

Workshop for instructors and volunteers - Animators of life activity in people with disabilities

- Boccia World Open Poznan' 2015 – video
- Boccia - rules interpretation - continued -theory and practice.
- Practical part: to be a player, referee, coach.
- Competitions

08.05.2016:

Planned visit to the Tbilisi Downtown - for project promotion- cancelled due to long, heavy rain.
(Planned Boccia tournament demonstration in 2/3 different places in the City with inviting the audience to play)

Theory and practice – workshop for Instructors and volunteers:

- Competition as a factor of progress in the development of sport -.
- Simplified rules of Boccia for integration competitions.
- Presentation of the training methods.
- Boccia competition between new trainers and volunteers.

Excursion to the surroundings of Tbilisi - social evening

09.05.2016:

- Exams for instructors and volunteers: theoretical and practical part.
- Workshop summary and certificates awarding ceremony.
- Farewell dinner.

10.05.2016

Departure of Key Staff.

Outputs:

- 5 representatives from Poland (4) and Bulgaria (1), 5 from Georgia (total 10 person), 12 volunteers from Georgia attended in the workshop
- Payments were made in accordance with the project budget
- Instructors and volunteers received set of the Projects info on memory flash
- Photo documentation and video clip was made

Overall rating

The workshop was excellent organised excellent by CIL according to programme.

Romuald Schmidt
Project leader





Co-funded by the Erasmus+ Programme of the European Union



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BOCCIA - Enhancing the quality of life of people with disabilities and their environment through Paralympic sport Boccia



Erasmus + sport Boccia dodał(a) nowe zdjęcia (12) do albumu: Boccia instructors and animators for Georgia.
Opublikowane przez: Romuald Schmidt (?) - 8 maja · 🌐

Boccia workshop in Tbilisi comes to the end. The closing ceremony was attended by Giorgi Dzeladze - President of "Coalition for Independent Living", Tamar Nadiradze - President of "Boccia Georgia Federation" and Tinatin Revazishvili - General Secretary. Sport Rehabilitation Association START was represented by president Romuald Schmidt and vice-president Beata Dobak-Urbańska.

Participants who completed a course organised by START and CIL within the European Union Project "BOCCIA - Enhancing the quality of life of people with disabilities and their environment through Paralympic sport" co-funded by the Erasmus+ Programme of the European Union got certificates of "Instructor of Boccia" or "Animators of life activity in people with disabilities". Congratulations!

Zobacz tłumaczenie



Erasmus + sport Boccia

Opublikowane przez: Romuald Schmidt (?) - 14 czerwca · 🌐

We proudly present second inspiring and cheerful video about "Boccia" Erasmus + Sport workshop" organized in Tbilisi Georgia 3-9 May 2016

Zobacz tłumaczenie



Odbiorcy: 1923

Promuj post



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BOCCIA - Enhancing the quality of life of people with disabilities and their environment through Paralympic sport Boccia

საუბრობო მუყაო – ვორკშოპი აკრძრდნო სკეძრდნო.
Opublikowane przez: Romuald Schmidt (?) - 4 მაია -

Boccia Jack was a hero of the day at Erasmus + Sport workshop in Tbilisi . Very hospitable Georgian Partner " Coalition for Independent Living " (CIL) is well organized and provides good conditions for our programme . CIL's mission is to support equal opportunities for persons with disabilities to participate in the political, economic, social and cultural life of Georgia. Project " BOCCIA - Enhancing the quality of life of people with disabilities and their environment through Paralympic sport Boccia" is co-funded by European Union .

Zobacz tłumaczenie



Erasmus + sport Boccia dodał(a) nowe zdjęcia (10) do albumu: Boccia project effect.

Opublikowane przez: Romuald Schmidt (?) - 7 მაია -

Boccia project effect

One of the major impact of our project is the establishment of Boccia Georgia Federation with Giorgi Dzeladze as a Founder , Tamar Nadiradze – President and Tinatin Revazishvili - General Secretary. With such dynamic management the Federation has certainly great development prospects. On May the 6th Georgian TV shot a reportage about the Project Erasmus + Sport " BOCCIA - Enhancing the quality of life of people with disabilities and their environment through Paralympic sport Boccia" co-funded by European Union

Zobacz tłumaczenie

